

**PHYSICAL EDUCATION (K-12)**

Bachelor of Arts  
2006-2008 Catalog

	FALL		SPRING	
YEAR I	ENG1000: Prep & Intro Composition or ENG1010: Composition 1	4/2	ENG1020: Composition II	4
	MTH1100: College Algebra	3	IDS1600: Culture, Diversity, & Expression	4
	BIO1060: Human Biology	4	General Education Course	4
	General Education Course	4	<b>PED2100: Teaching Individual Sports</b>	2
	<b>PED1200: Fitness for Life (must be section 01)</b>	2	<b>HED1100: Planning School Health Programs</b>	3
	<b>Total Semester Hours</b>	<b>15</b>	<b>Total Semester Hours</b>	<b>17</b>
YEAR II	IDS2000: Wellness & Social Responsibility	4	PSC2100: US Government	4
	EDU2100: How Schools Work	4	EDU2260: Theories of Learning	4
	<b>PED2000: Inclusive Physical Education</b>	3	<b>PED2110: Teaching Rhythmic Activities</b>	2
	<b>PED2150: Teaching Team Sports</b>	2	<b>PED2600: Motor Development</b>	3
	<b>HED2050: At-Risk Behaviors and Society</b>	3	<b>HED1100: Resources and Assessment in Health Education</b>	2
	<b>Total Semester Hours</b>	<b>16</b>	<b>Total Semester Hours</b>	<b>15</b>
YEAR III	COM1500: Human Communication/Public Speaking	3	EDU3440: Middle Schools: Missions and Methods	4
	<b>PED2120: Fitness Programs for Children and Youth</b>	2	PSY3350: Child and Adolescent Psychology (WI)	4
	<b>PED3000: Teaching Physical Education in the Elementary School</b>	4	<b>PED3050: Teaching Physical Education in the Secondary School</b>	4
	<b>PED3150: Assessment in Physical Education</b>	3	<b>PED3220: Physiology of Exercise</b>	3
	<b>PED3200: Kinesiology</b>	3		
	<b>HED3050: Curriculum Development in Health Education</b>	3		
<b>Total Semester Hours</b>	<b>18</b>	<b>Total Semester Hours</b>	<b>15</b>	
YEAR IV	General Education Course	4	EDU4750: Student Teaching	12
	PED2080: First Aid/CPR (required for student teaching)	2	EDU4760: Student Teaching Seminar	3
	<b>PED2160: Teaching Nontraditional Games</b>	2		
	<b>PED2300: Coaching Principles and Techniques</b>	2		
	<b>PED4100: Administration of Physical Education</b>	3		
	<b>HED4050: School/Community Partnerships in Health Promotion</b>	3		
<b>Total Semester Hours</b>	<b>16</b>	<b>Total Semester Hours</b>	<b>15</b>	

NOTES
-Courses in <b>bold</b> must be taken during the semester indicated - WI indicates the required 3000-level Writing Intensive course for the major.

NOTES
-Student must complete 30 semester hours at the 3000 level or above, of which 15 semester hours must be completed at Aurora University.
-Last 24 semester hours of degree must be completed at Aurora University, including at least 18 semester hours in the major.

This 4-Year Plan should be used as a suggested guide for planning course selections.  
Official course selections should be made with the guidance of an academic advisor;  
other information regarding majors, minors, course descriptions, policies and procedures can be found in the university catalog.

If you have questions about this major, contact **Kate Madden** in the Crouse Center for Student Success at (630) 844-6870.



