

## ATHLETIC TRAINING

Bachelor of Science  
2009-2011 Catalog

**This 4-Year Plan is only a suggested guide for planning course selections.**

Official course selections should be made with the guidance of an academic advisor and will depend on an individual student's situation. Specific information regarding majors, minors, course descriptions, policies and procedures can be found in the university catalog.

	FALL		SPRING	
<b>YEAR I</b>	ENG1000: Prep & Intro Composition	4	IDS1600: Culture, Diversity, & Expression	4
	MTH1100: College Algebra	3	<b>ATR1760: Athletic Training Practicum I</b>	1
	PSY1100: General Psychology	4	<b>PED2080: First Aid/CPR</b>	2
	<i>BIO1210: Biology of Cells</i>	4	ATR2050: Foundations of Athletic Training (if not taken in Fall)	2
	ATR2050: Foundations of Athletic Training (or Spring)	2	<b>CHM1200: Principles of Chemistry</b>	4
			General Education Course (AP)	4
	<b>Total Semester Hours</b>	<b>15/17</b>	<b>Total Semester Hours</b>	<b>15/17</b>
<b>YEAR II</b>	ENG1020: Composition II	4	IDS2000: Wellness & Social Responsibility	4
	<b>BIO2660: Anatomy and Physiology I</b>	4	<b>BIO2670: Anatomy and Physiology II</b>	4
	<b>ATR2750 Athletic Training Practicum II</b>	2	<b>ATR2760: Athletic Training Practicum III</b>	2
	<b>ATR2500: Prevention and Care of Athletic Injuries</b>	3	<b>ATR3600: Therapeutic Modalities/Lab</b>	4
	General Education Course (KO-B)	4		
	<b>Total Semester Hours</b>	<b>17</b>	<b>Total Semester Hours</b>	<b>14</b>
<b>YEAR III</b>	<b>ATR3500: Medical Aspects of Athletic Training</b>	4	<b>PED2550: Advanced Strength Training and Conditioning: Certification Preparation</b>	3
	<b>PED3200: Kinesiology</b>	3	<b>PED3220: Physiology of Exercise/Lab</b>	3
	<b>ATR3750: Athletic Training Practicum IV</b>	3	<b>ATR3760: Athletic Training Practicum V</b>	3
	<b>ATR3510: Assessment of the Lower Extremity and Viscera/Lab</b>	4	<b>ATR3550: Therapeutic Exercise/Lab</b>	4
			<b>ATR3530: Assessment of Upper Extremity and Axial Skeleton/Lab</b>	4
	<b>Total Semester Hours</b>	<b>14</b>	<b>Total Semester Hours</b>	<b>17</b>
<b>YEAR IV</b>	MTH2320: General Statistics	3	<b>BIO3080: Nutrition and Health Promotion</b>	4
	General Education Course (AP)	4	BIO1220: Biology of Organisms (If want BIO minor)	4
	<b>PED4100: Administration of Physical Education</b>	3	<b>PED3480WI: Sport Psychology</b>	4
	<b>ATR4150: Administration of Athletic Training</b>	2	<b>ATR4990: Senior Seminar</b>	4
	<b>ATR4750: Athletic Training Practicum VI</b>	3		
	<b>Total Semester Hours</b>	<b>15</b>	<b>Total Semester Hours</b>	<b>16</b>
	<b>NOTES</b>		<b>NOTES</b>	
	KO = Knowing Ourselves and Others A and B (8 hrs) ONW = Our Natural World (8 hrs) AP = Aesthetic and Philosophical Expression A and B (8 hrs)		Student must complete 30 semester hours at the 3000 level or above, of which 15 semester hours must be completed at Aurora University.	
	Course in <i>*italics*</i> must be completed by the end of the students first year.		Last 24 semester hours of degree must be completed at Aurora University, including at least 18 semester hours in the major.	
	Courses in <b>bold</b> must be taken during the year and semester indicated			

If you have questions about this major, contact **Kate Madden Male** in the Crouse Center for Student Success at (630) 844-6870.

